






The Edited Highlights!

- Goals of your seder!**
- 1) To ask lots of question—don't worry if you can't answer them.
 - 2) To have fun as a family and friends.

Title	What to do	Ways to make it interesting
<p>Cleaning</p> 	<p>Take a chance to clear out foods with chametz (leaven) including the different grains: Wheat, Spelt, Rye, Barley and Oats. You don't have to throw things out but now is a good time to reduce quantities.</p>	<p>Learn about the ingredients of different foods with your children. Hunt for certain ingredients on packets (like yeast, wheat etc).</p> <p>WLS is involved in The Marylebone Food Cycle programme. Consider talking to your children about food poverty and giving some of your dry goods to the Food Cycle project.</p>
<p>Inviting guests</p>	<p>In the seder we recite the words 'all who are hungry come and eat'. Think about inviting someone who is alone or in need to share in your seder. You could also invite guests who might not have experienced a seder before.</p>	<p>When you ask guests you could ask them to do something simple to contribute to your seder table or to bring an object that represents freedom.</p>
<p>Setting the table</p> 	<p>You will find in this pack a diagram of the seder plate but you need the following basic objects:</p> <ol style="list-style-type: none"> 1—Wine/grape juice and cups 2—3 Matzot and cover 3—Seder plate (salt water, lamb shank bone, Bitter herbs (horseradish root), Charoset (sweet paste), Egg roasted in its shell, Parsley, Salt water or lemon juice] 4—Haggadot (your guide book) 	<p>Why not set the table on a carpet and sit on the floor instead of a formal dining table. That way your children we be less fidgety.</p> <p>Increasingly new things are being added to the seder plate: Orange for Feminists and LGBTQ, Olives for peace, Fairtrade chocolate for labour rights, Miriam's Cup of Water for survival, padlock and chains for bonded slavery and trafficking today.</p>

Page	Title	What to do	Ways to make it interesting
1	Kiddush	Light the candles and say the blessing. Say the blessing for wine and recline to the left to drink	Why not go round the room and ask how this year is different from last year for your guests. 
2	Karpas	There is a blessing before you eat the parsley dipped in salt water.	From this point you can eat any ground vegetables as hors d'oeuvres. Why not bring a plate of different vegetables for everyone to stave off the hunger—pickles, carrots, even Strawberries and chocolate!
3	Yachatz/ Lachma	At this point you break the middle of three matzot in half and recite a passage about the meaning of the Matzah. 	There is a custom of the youngest child tying the 'afikomen' half of the broken matzah to their back and carrying it around all night as if really leaving Egypt with it! The custom is to lift up the plate of matzah and afterwards to move the seder plate. This is all to prompt questions—why not take the whole table away (which happened in the Greco-Roman period) or do something really unexpected that will make your guests ask 'why are you doing that?!'
4	Mah Nishtanah	Sing the Mah Nishtanah! מה נשתנה הלילה הזה מכל הלילות ?	The Mah Nishtanah is not really four questions but four statements. Whilst the tradition is now for the youngest to sing them, why not have the adults take it turns to sing them (which was how this started out when first written nearly 2000 years ago) and the children just sing the refrain 'mah nishtanah...'
5-6	Maggid	This is the section with the four children and a telling of the story of the Exodus: this includes the mention of the ten plagues and the song 'Dayyenu'!	You could tell the story with puppets or find the finger puppet plagues. Some people find different objects for each plague—blood orange juice, toy frogs, fly swats, turning out the lights etc. If you're creative, write a play for everyone to read
7	Second Cup	Drink the second cup reclining after reciting the blessing.	

Pages	Title	What to do	Ways to make it interesting
8	Pesach, Matzah, Maror	You're going to go round the seder plate explaining all the parts, starting with the lamb shank, then eating the matzah, and eating the bitter herbs.	This is a nice time to introduce other things you have added to your table and discuss why your brought them. Or perhaps your guests have brought their own symbols of freedom which you want to introduce.
	Let's Eat	Serve your meal. 	You could move to the main dinner table for this. Lots of people start their meal with a boiled egg. In some families they make 'Huevos haminados' - boiled eggs with tea and onion skins to make them go brown. Dip the egg in salt water if you want.
9	Hunt the Afikomen and Birkat Hamazon	First the children need to find the afikomen (the piece of matzah you broke at the start of the seder). Customarily, the children find it for a reward. It is shared out for everyone to eat before having a chance to say thanks for the food that you have eaten.	In some families, the children ransom the afikomen back to everyone. Until you have eaten it you cannot conclude your meal so they're in a strong negotiating position!
9	Third and Fourth cup	Fill Elijah and Miriam's cup. Drink your own third cup after the blessing and then do the same for the fourth cup.	
10-11	Elijah's Cup and Miriam's Cup and Conclusion	Customarily someone would go to the door to see if Elijah is there. 	When you look at the two cups, one is a symbol of the most important human need 'fresh water' and the other (Elijah's cup) a sign of the future. This might be a good chance to think about the coming year—what kind of year are you all hoping for?
38-48	Singing songs	Sing songs—there are traditional ones but you can find loads online.	You can act out songs, write your own or generally have fun.



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RESOURCES TO MAKE YOUR SEDER

Music

Shir lala - Shira Kline is a brilliant musician who has specialised in children's (early years) music. Her website is a font of resources: <http://shirlala.com/category/holidays/pesach> and she even has a script for the Pesach story.

Her album of music has fun songs and some traditional liturgy too: <http://shirlala.com/recordings>

Velvel Pasternak - was one of the most important Jewish musicologists. He created an album of Pesach music: http://www.oysongs.com/products/albums.cfm?artist_id=181&album_id=3658

Silly Parody songs - <http://sederfun.com/images/Silly%20Songs.pdf>

Games and Other Resources

URJ - The American Reform movement has a website full of ideas and resources: <http://www.reformjudaism.org/jewish-holidays/passover/>

It includes, recipes, songs, activities and information.

The RAC - The Religious Action Center (the American Reform movement's social action arm) has some resources on contemporary issues of slavery and freedom: <http://www.rac.org/seder-plate>

SederFUN - Lots of great ideas here: <http://sederfun.com/>

Haggadot

Liberal Judaism Haggadah B'Chol Dor Vador—Available for purchase from Liberal Judaism: <http://www.liberaljudaism.org/>

<http://www.haggadot.com/> - Make your own haggadah!

Haggadahsrus - a website containing resources and haggadot for purchase. <http://www.haggadahsrus.com/>

Themed Haggadot for new ideas: <http://www.rac.org/pesach-themed-haggadot>

CONGRATULATIONS YOU HAVE REACHED YOUR DESTINATION—HAVE FUN AND ASK QUESTIONS